Elementary SFF Did you know? MENUS Staying active helps build **Questions or Comments?** strong bones and muscles, Carl Thompson relieves stress, and protects **NOV 2023 Director of Dining Services** Phone: 520-696-8623 your heart. Aim for 1 hour or *menu is subject to change* more of physical activity **Celebrate with us on Thursday** every day. Do whatever you November 16th. Enjoy a delicious This institution is an equal . love to do – Just get moving! opportunity provider **Thanksgiving meal!** . Thursday Monday Tuesday Wednesday Friday 2 1 3 **Breakfast** Breakfast **Breakfast** Banana Smoothie Warm Waffles **Donut Holes** <u>Lunch</u> <u>Lunch</u> Lunch **Chicken Nuggets Beef Tacos** Sloppy Joe Cheese Quesadilla Bean Tostada Mac & Cheese Ham & Cheese Sandwich Turkey&Cheese Sub **PB&J Sandwich** Ham & Cheese Salad Popcorn Chicken Salad Chef Salad Seasoned Peas Seasoned Green Beans **Buttery Corn** 9 10 6 8 **Breakfast** Breakfast Breakfast Breakfast Warm Blueberry Muffin Egg Scramble + Hashbrowns Fresh Cinnamon Roll Fluffy Pancakes Lunch Lunch Veterans Lunch Lunch Chicken Lo Mein Grilled Cheese Sandwich **Chicken Snowbowl** Juicy Hamburger Pepperoni Pizza **Chicken Tenders Chicken Fajitas** Green Chile Quesadilla Dav Turkey&Cheese Sandwich Ham&Cheese Sub Ham & Cheese Sandwich Turkey&Cheese Sub Chicken Garden Salad Chef Salad Ham & Cheese Salad Chicken Caesar Salad Seasoned Peas **Refried Beans Crinkle Fries Buttery Corn Breakfast** 13 14 15 16 17 **Breakfast** Breakfast **Breakfast Breakfast** Sausage Breakfast Pizza Strawberry Poptart Sausage and Cheese Biscuit Fresh Cinnamon Roll Warm Waffles Lunch Lunch Lunch Lunch Lunch **Cheesy Chicken Nachos** Cheese Pizza Hot Dog Thanksgiving Turkey Dinner, Beef Enchiladas Chicken Teriyaki **Cheesy Turkey Melt** Chicken Quesadilla Cheeseburger Mashed Potatoes, Stuffing, Turkey&Cheese Sandwich Ham&Cheese Sub Ham & Cheese Sandwich PB&J Sandwich Roll, & Green Beans Chicken Garden Salad Chicken Caesar Salad Popcorn Chicken Salad Chef Salad OR Seasoned Peas **Buttery Carrots Buttery Corn** Ham & Cheese Sandwich **Refried Beans** 20 21 22 23 24 **Breakfast Breakfast** Breakfast Donut Holes Banana Muffin Fresh Cinnamon Roll <u>Lunch</u> <u>Lunch</u> Lunch **Cheesy Beef Burrito** Zesty Orange Chicken **Happy Thanksgiving** Chicken Nuggets Bean&Cheese Burrito **Cheesy Chicken Nachos** Ham & Cheese Sandwich Turkey&Cheese Sandwich Ham&Cheese Sub Chef Salad Chicken Garden Salad Chicken Caesar Salad **Crinkle Fries Refried Beans Buttery Corn** 27 28 29 30 **Breakfast** Breakfast **Breakfast** Breakfast Egg Scramble + Hashbrowns

Breakfast Meal Price: Paid \$1.00 / Reduced \$0.30 Lunch Meal Price: Paid \$2.75 / Reduced \$0.40 Adult Meal Price: \$4.75

Pancake on a Stick

Lunch

Chicken Burrito

Cheesy Nachos

Ham & Cheese Sandwich

Chef Salad

Refried Beans

Lunch

Pepperoni Pizza

Sloppy Joe

Turkey&Cheese Sub

Ham & Cheese Salad

Seasoned Peas

Strawberry Poptart

Cheese Enchiladas

Chicken Lo Mein

Turkev&Cheese Sandwich

Chicken Garden Salad

Buttery Carrots

Lunch

Fresh Cinnamon Roll

Lunch

Hot Dog

Rotini Casserole

Ham&Cheese Sub

Chicken Caesar Salad

Seasoned Green Beans